THE GOOD, THE BAD AND THE BUDDIES
NEW LIFE FOR BUDDY COP GENRE? {page 11}

STEAK ON THE SANDWICH
PERFECT COTTAGE GRUB FOR GANG {page 15}

STELLAR
PERRY BUYS A TRIP TO SPACE
METRO DISH {page 13}

VANCOUVER metro®
Wednesday, August 4, 2010
www.metronews.ca

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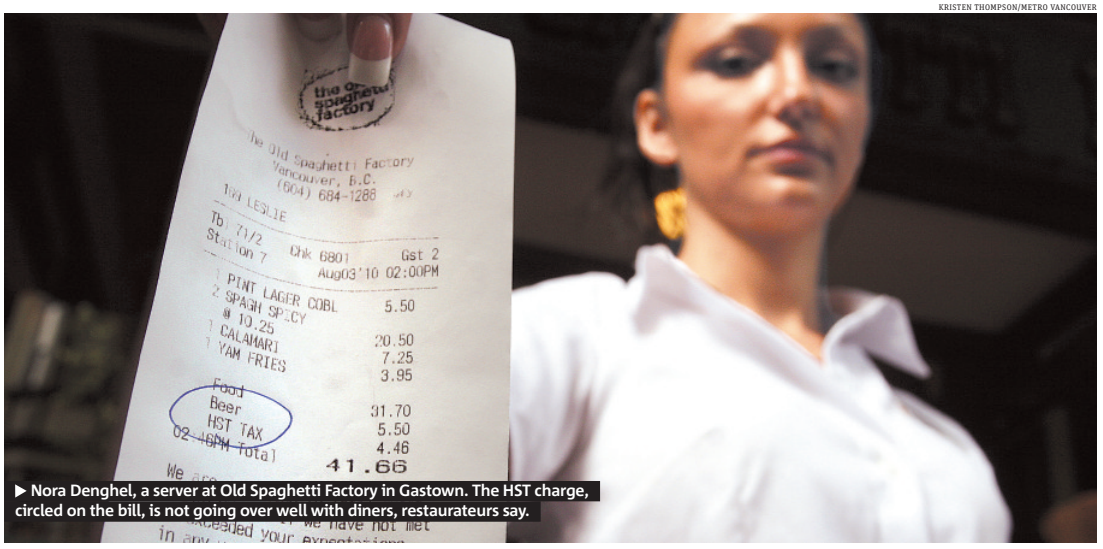
HST not easy to digest: Eateries

56 per cent of restaurants surveyed claim to have fewer customers since the new tax kicked in 47 per cent said they have been forced to cut back on staff and staff hours

KRISTEN THOMPSON/METRO VANCOUVER



▶ Nora Denghel, a server at Old Spaghetti Factory in Gastown. The HST charge, circled on the bill, is not going over well with diners, restaurateurs say.

JENNIFER O'CALLAGHAN
VANCOUVER@METRONEWS.CA

Business is down by an average of 10 per cent compared to the same time last year, according to a survey of 802 British Columbia eateries by the Canadian Restaurant and Foodservices Association (CRFA).

The new Harmonized Sales Tax is to blame, says CRFA vice-president Mark von Schellwitz.

He wants the provincial government to make it more palatable.

"Tax credits and wholesale liquor discounts would help, or investing in a marketing campaign," Schellwitz said.

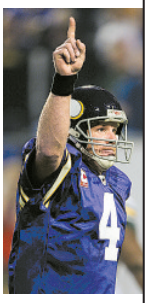
The B.C. government, on its website, claims the HST will reduce some restaurant's operating costs.

Education

School days just around the corner

Key tips for parents to encourage good homework habits Laying confidence-building groundwork for your child {page 18}

Does he mean it this time?



Report says quarterback Brett Favre set to retire, again {page 19}

Going, going Ghana

Boundless energy awaits in Accra and beyond {page 14}

Baby, baby, say it ain't so

Palin-Johnston second engagement called off {page 8}

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AN ADVISORY TO VANCOUVER AIRPORT TRAVELERS

Servisair lockout causing delays

Call your airline or check YVR.ca for updated departure times

➜ **On July 19th Servisair, the Paris-based corporation using its subsidiary GlobeGround Fuel Services, locked out 21 workers at the Vancouver International Airport, after walking away from the bargaining table. The company admits the dispute has nothing to do with money. These workers provide fuelling services and calculate aircraft fuel loads to Air Canada, WestJet, and many other airlines operating at YVR.**

➜ **Vancouver International Airport official Alana Lawrence said about 40 flights experienced some delays … "a higher number than we normally see delayed because of refuelling"**
– Vancouver Sun, July 20, 2010

➜ **In an application to the Canada Industrial Relations Board, the company reported the following:**
The following Servisair clients have reported fueling delays: United, Air New Zealand, Continental, KLM, US Airways, Cathay Pacific, American, WestJet, Air North, Air Canada. There were roughly two years' (worth) of fuelling delays.
– Application to the CIRB, July 22, 2010

WWW.WORKINGDESIGN.NET 2010

PSAC AFPC
Public Service Alliance of Canada
Alliance de la Fonction publique du Canada

A public service message brought to you by the Union representing the locked-out workers, the Public Service Alliance of Canada / Union of Canadian Transportation Employees

www.psacbc.com

Three charged in murders

Police have charged two Langley men and a teenage girl in the shooting deaths of a woman and man who were killed within days of each other in seemingly unrelated incidents.

Robert Bradshaw, 26, and Roy Thielen, 30, face two counts of first-degree murder.

A 19-year-old woman is charged with one count of murder, but her identity is protected because she was a minor at the time of the shooting.

They are accused of killing drug dealer Laura Lynn Lamoureaux on March 14 and developer Marc Bontkes four days later.

Bontkes, 33, the father of a four-year-old son, was found murdered in the parking lot of Surrey's Hi-Knoll Park, blocks away from where Lamoureaux was found dead.

RCMP Cpl. Dale Carr said both murders are linked to the street-level drug trade.

"After 16 months of investigation that took investigators to several provinces and communities ... police presented Crown counsel with an evidence package ... (and) Crown approved murder charges," said Carr.

KRISTEN THOMPSON

B.C. RCMP

▶ Laura Lynn Lamoureaux

B.C. RCMP

▶ Marc Bontkes

Ferry 'hard landing' leaves five injured

Service to Southern Gulf Islands will continue But passengers from the Mainland will need to catch a connecting ferry

JEFF HODSON
@METRONEWS.CA

At least five people were injured — including one person who was airlifted to a Vancouver hospital — when a passenger ferry slammed into a dock on Mayne Island yesterday morning.

The Queen of Nanaimo, which services the Tsawwassen-Southern Gulf Islands Route, experienced a "hard landing" at 7:35 a.m. as it approached the Village Bay ferry terminal with 193 passengers aboard.

Mike Corrigan, B.C. Ferries' chief operating officer, did not know how fast the vessel was travelling, but did say the captain dropped both anchors as he approached.

"It was obviously coming in harder than it normally does. We're categorizing this as a very hard landing, but we don't know the cause."
MIKE CORRIGAN, B.C. FERRIES CHIEF OPERATING OFFICER

He did not know how far from the dock the anchors were deployed.

At least four passengers and one crew member were injured.

The most serious injury was a head trauma or concussion that required the victim to be flown to Vancouver General Hospital.

Both the vessel and the terminal sustained minor damage.

B.C. Ferries has launched an internal investigation, although Corrigan said rope tangled around the propellers may have caused the crew to lose control of the ferry before it crashed.

Transport Canada will also investigate.

STEPHEN REES/FLICKR.COM

▶ The Queen of Nanaimo.

1 news

News on the move

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Allan Small tells investors why the safest bet isn't always the best bet, at metronews.ca/investing

* Subject to change or withdrawal without notice. Some conditions and restrictions apply. Visit a branch for details.

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Teenager drowns in lake

A 19-year-old man is British Columbia's 17th drowning victim this year, after getting separated from his group of friends at a Maple Ridge-area lake.

The teenager and three friends were swimming at the Day Use Beach Area of Alouette Lake when he went missing.

After searching for the man for almost one hour, his friends called police, RCMP said.

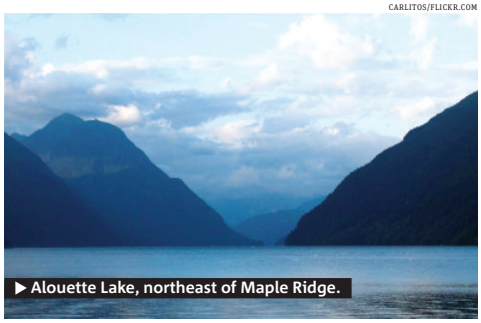
Members of Ridge Meadows Search and Rescue joined RCMP officers in the search.

They found a body in the water about one hour later and friends identified it as the missing Delta teenager.

The man's name has not been released and RCMP say the B.C. Coroner's Service is investigating the death.

NATASHA POON

CARLITOS/FLICKR.COM



▶ Alouette Lake, northeast of Maple Ridge.

B.C. burns through wildfire budget

With steady rain nowhere in sight, costs are forecast to rise

About 50 new fires expected daily

As British Columbia continues to be plagued by hot, dry conditions that have fuelled more than 400 wildfires, the province has already burned through its forest firefighting budget.

B.C.'s Liberal government allocated $52 million to fight wildfires in the fiscal year 2010-2011.

Gwen Eamer, an information officer at the province's wildfire management branch, said yesterday that $52.8 million has already been spent fighting fires since the beginning of April.

"We spent about $6 million (yesterday)," she said, adding "we can anticipate continued expenditures."

THE CANADIAN PRESS

Numbers

- Last year, the province set aside $62 million to fight forest fires but spent more than $400 million.
- More than 180 new wildfires were reported during the long weekend.
- Since the beginning of the year, more than 760 sq. km of land has been scorched.

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CHRIS PHILLIPS/THE CANADIAN PRESS

▶ A Conair waterbomber drops retardant on a fire near Spotted Lake in Osoyoos.

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News in pictures

PHOTOS
1. ORPHANKITTENRESCUE.COM
2. RCMP.CA
3. WIKIPEDIA COMMONS
4. CHINATOWN BIA
5. WIKIPEDIA COMMONS

1 A mother and her three kittens have been picked up from the side of Lougheed Highway and taken to the Vancouver Orphan Kitten Rescue Association. A note was left explaining the owner was unable to pay the SPCA surrender fee. VANESSA YEE

2 Officers involved in the fatal shooting of a man on July 30 in Kamloops have been placed on administrative duty, RCMP announced. An investigation is being conducted by Calgary police. VANESSA YEE

3 Crossing into the U.S. through the Peace Arch border crossing is about to get faster. Border Patrol has begun its move into a new security building this weekend and up to 10 lanes will be operational once construction is complete. VANESSA YEE

4 The new Chinatown mascot has been picked — he's a cheerful, sprightly panda bear that has yet to be named. A contest is being held until Aug. 20 to decide its name. VANESSA YEE

5 The Northern Lights were expected to be visible over Vancouver skies last night. The Smithsonian Center for Astrophysics said it's because the sun sent four stronger-than-normal eruptions toward our planet early Sunday morning. VANESSA YEE

News in brief

Artist chosen for exhibit

BIENNALE. A selection of work by Vancouver artist Steven Shearer has been chosen to represent Canada at the 2011 Venice Biennale, one of the world's largest art exhibitions. JEFF HODSON

Fire kills man

CHILLIWACK. A 75-year-old man died of burns and smoke inhalation in a fire at Cedar Creek Lodge. VANESSA YEE

POLL

Abortion beliefs surveyed

Only 21 per cent of Canadians know that in this country a woman can have an abortion at any time during her pregnancy with no restrictions, according to Angus Reid survey results released yesterday.

The poll found 41 per cent of Canadians mistakenly think abortions are only available during the first three months of pregnancy.

Nearly 20 per cent think abortions should only be legal in cases of emergency and nine per cent only support it if it saves a woman's life.

Six per cent say it should be illegal, outright.

KRISTEN THOMPSON

Teen falls to death on birthday

A 17-year-old boy fell 30 feet to his death on his birthday yesterday morning in Squamish.

Five teenagers were at a gravel pit below Quest University when the teen slipped off a ledge.

VANESSA YEE

Four boaters missing off Island

A desperate search is under way for four fishermen missing in deteriorating conditions off the northwestern tip of Vancouver Island.

A six-metre aluminum fishing boat carrying a guide and three guests was last seen Monday morning.

THE CANADIAN PRESS

Dragon food cart roaming city alone

JEFF HODSON/METRO VANCOUVER

▶ Jason Apple, left, and Jory Simkin, co-owners of Roaming Dragon, a curbside food truck, sip on lychee-basil lemonade at Kits Beach yesterday afternoon.

Only 1 of 17 food carts operating when pilot set to launch July 31

KRISTEN THOMPSON
@METRONEWS.CA

Vancouver's first food cart pilot project may have hit some glitches, but the process was a learning experience for the city and vendors, said the founder of the only food cart ready by the launch date.

Jason Apple opened Roaming Dragon food cart with his business partner Jory Simkin at Kits Point on Saturday.

He said they were ready on time because they'd done their research in January — before the city announced plans for the pilot project — and had already opened a truck at the Richmond Night Market.

"We had looked at (cart) manufacturers ... had to import the vehicle, do design work, wrap it with graphics. Could we have turned it around in three weeks? I think so, but that means dropping everything."

"It's too bad that (the carts) are not up and running. But I don't blame the city or the (vendors). There's no perfect system of doing this."

JASON APPLE, CO-FOUNDER OF ROAMING DRAGON FOOD CART

Apple said other vendors were left scrambling.

"In a perfect world the process would have started maybe in November," he said. "It was an ambitious program, but it's progress."

[1] To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

News in brief

Mosque wins key decision

NEW YORK. A New York City commission yesterday denied landmark status to a building near the World Trade Center site, freeing a group to convert the property into an Islamic community centre and mosque that has drawn national opposition.

The Landmarks Preservation Commission voted 9-0, saying the 152-year-old building blocks from the site of the Sept. 11 terrorist attacks wasn't special or distinctive enough to meet criteria to qualify as a landmark.

THE ASSOCIATED PRESS

'Amateurish' attack leads to Taliban deaths

AFGHANISTAN. A brazen daylight attack on Kandahar Airfield resulted in the deaths of between eight and 10 Taliban fighters yesterday, and military officials called the attempt amateurish and desperate.

THE CANADIAN PRESS

Tories may scrap long-form census entirely

- Day says he's confident the voluntary questionnaire will be reliable
- But most statisticians dispute that, since the survey isn't random

The Conservative government says it won't compromise and keep the long-form census mandatory and may actually consider scrapping it altogether.

Treasury Board President Stockwell Day says some European countries have found other ways of collecting data, which Statistics Canada compiles by compelling co-operation under threat of fine or jail.

"Countries like Norway, Denmark, have dispensed with this type of information-gathering years ago," he added.

The government has been inundated with complaints and criticism on the issue after announcing in June that it would scrap the mandatory, 40-page long-form census, which goes to 20 per cent of households and asks questions on employment, transportation and home life, including the number of bedrooms in the family home.

"The mandatory nature of criminalizing Canadians for not wanting to give the more extensive data in the long form is simply not tenable and that's why we are doing away with it."

STOCKWELL DAY,
TREASURY BOARD PRESIDENT

Instead, the government said next year's long-form questionnaire will be voluntary and go to 30 per cent of households.

The controversy led to the resignation of Canada's chief statistician, Munir Sheikh, who said a government suggestion that Statistics Canada had approved the change placed him in an untenable position.

THE CANADIAN PRESS

Alberta. Derailment

▶ Crumpled rail cars litter the CPR line just north of Airdrie, Alta., yesterday.

LARRY MACDOUGAL/THE CANADIAN PRESS

Airdrie residents evacuated after train goes off rails

Nearly a dozen residents of a rural area in a community north of Calgary were evacuated after train cars containing ammonia derailed yesterday morning. Officials said there's no evidence yet the toxic gas was leaking, but two of the town's subdivisions, as well as a mall on its northern outskirts, were on evacuation alert. There were no reports of injuries.

Canada devotes $2 million to flood recovery in Pakistan

Canada is sending $2 million in humanitarian assistance to flood-ravaged Pakistan.

International Co-operation Minister Bev Oda says the money will help more than 150,000 families severely affected by monsoon floods.

Floodwaters surged into Pakistan's heartland and swallowed dozens of villages yesterday, adding to a week of destruction that has already ravaged the mountainous northwest and killed 1,500 people.

The rush of muddy water over river banks in Punjab threatened to destroy vast stretches of crops that make the province Pakistan's breadbasket, prompting the UN to warn that an estimated 1.8-million people will need to be fed in the coming weeks.

THE CANADIAN PRESS

3.2M

Fresh rains in northwestern Pakistan threatened to overwhelm a major dam and unleash a new deluge, while workers struggled to deliver aid to some 3.2 million people affected by the floods amid washed-out bridges and roads.

News in brief

CHARLES KRUPA/THE ASSOCIATED PRESS

▶ Workers and family from Hartford Distributors gather.

Workplace rampage kills 9

MANCHESTER, CONN. Officials say a warehouse driver who was asked to resign his job at a beer distributor went on a shooting rampage yesterday morning, leaving nine people dead, including himself.
THE ASSOCIATED PRESS

Mass killings mourned

CHINA. Residents of rural Yuanshi county mourned the deaths of 17 people killed by a drunk driver's homicidal rampage yesterday. The killings occurred Sunday beginning at the killer's workplace, where he killed his employer.
THE ASSOCIATED PRESS

Families watch 6 teens drown

SHREVEPORT, L.A. Six teenagers wading in the shallows of a Louisiana river drowned in front of their horrified families after falling into deep water. None of the teens or nearby adults could swim. The deaths happened Monday in the Red River, in a popular recreational area where sand bars give way to six-metre depths.
THE ASSOCIATED PRESS

Protesters plead for shrine

WARSAW. Protesters scuffled with police yesterday but managed to prevent Polish officials from moving a cross erected outside the presidential palace in memory of the late president Lech Kaczynski.
THE ASSOCIATED PRESS

Army tracks Afghans using biometric device

Enrolment voluntary for Afghans unless they are under suspicion

BILL GRAVELAND/THE CANADIAN PRESS

▶ Using a handheld device the size of a large camera, a soldier takes pictures, fingerprints and scans both retinas to build a database of Afghans.

Iris scans, fingerprints and facial recognition software — the battle against the Taliban has gone decidedly high tech in the traditionally low-tech nation of Afghanistan.

"Certainly the changes the last few years in terms of what's being employed over here in the counter-insurgency fight is pretty amazing," said Lt.-Col. Shane Gifford, assistant chief of staff for Task Force Kandahar.

"Five years ago it would have been Buck Rogers stuff," he said, referring to the TV and comic-book character.

Biometric technology is being used at the ring of security checkpoints being set up around Kandahar city. Canadian operating bases on the outskirts are also being equipped with it.

It is the HIIDE Series 4, or Handheld Interagency Identity Detection Equipment. The technology has been around for some time but it is a new tool in the battle against the Taliban, or anyone who sets roadside bombs.

The scanning process takes about six minutes and includes the person's name, address and photo.

The information is instantly transferred to the database of ISAF, NATO's International Security Assistance Force.

"What we do is we update our guys once a week when there's more and more data," said Warrant Officer Sylvain Ledoux as he demonstrated the procedure for reporters.

"So there's around 25,000 people in there on the watch list. If there is any match on a bad guy, we'll find out ... When you get an iris match, you do have a match." he said.

Ledoux said there are some villages where the people want to join and, in effect, get something like a national identity card that would help clear them of suspicion.
THE CANADIAN PRESS

[1] To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

Palin-Johnston wedding called off

Sarah Palin's daughter and her fiancé have called off their second engagement after he told her he may have fathered a baby with another girl.

The other girl was not identified, but a pregnant ex-girlfriend of Levi Johnston has publicly denied he is the father.

Bristol Palin, the 19-year-old daughter of the former Republican vice-presidential candidate Alaska Gov. Sarah Palin, told People magazine that Johnston told her about the baby on July 14, the day the couple had announced their engagement. Bristol Palin and Johnston have a toddler son together, Tripp.

Representatives for Palin and Johnston did not immediately return requests for comment yesterday.

THE ASSOCIATED PRESS

Khadr's emergency petition

The war-crimes trial of Omar Khadr in Guantanamo Bay should be put on hold until the courts rule on the legality of the hearings, his lawyer says in an emergency petition to the U.S. Supreme Court.

The filing argues that Khadr has a right not to be tried by a system that may be illegal. THE CANADIAN PRESS

BP back to fighting oil with mud

BP engineers began pumping heavy drilling mud into the blown-out Gulf of Mexico oil well yesterday in what they think is their best chance yet to achieve the ultimate goal in a delicate process — snuffing one of the world's largest spills for good.

THE ASSOCIATED PRESS

Taliban trying to win Afghan hearts, minds

SHAH KHALID/THE ASSOCIATED PRESS

▶ A Pakistani man reads code of conduct reportedly published and distributed by the Taliban.

The new code of conduct is an update to similar directives released last year

An updated Taliban code of conduct urges fighters to avoid killing civilians and forbids them from seizing weapons and money, a directive aimed at winning hearts and minds of Afghans also being courted by international forces.

But the document declares that people working for international forces or the Afghan government are "supporters of the infidels" and can be killed. Taliban leader Mullah Mohammad Omar took a similar hard line in orders to insurgents that NATO forces said they intercepted in early June.

Mullah Omar urged fighters to kill anyone working with international forces or the Afghan government, including women, according to NATO.

"All efforts must be made to avoid harming civilians in attacks."

EXCERPT FROM THE TALIBAN'S CODE OF CONDUCT

The Taliban began distributing its new code of conduct in southern Afghanistan a little over a week ago, before the top NATO commander in the country issued guidelines that also urged soldiers to avoid civilian casualties.

"The Taliban must treat civilians according to Islamic norms and morality to win over the hearts and minds of the people," said the 69-page Taliban booklet, which was obtained by The Associated Press yesterday from a Taliban fighter in the Afghan border town of Spin Boldak.

THE ASSOCIATED PRESS

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Does RIM's Torch have heat to beat iPhone?

Latest BlackBerry faces tough battle in crowded market, say experts Saudi Arabia joins UAE in ban on services

RICHARD DREW/THE ASSOCIATED PRESS

▶ The BlackBerry Torch

Research In Motion officially unveiled its latest smartphone yesterday, a new touchscreen model with a slide-out keyboard designed to challenge Apple's iPhone, but analysts questioned whether the Torch is innovative enough to woo consumers.

The new BlackBerry will be released in the United States next week for $199 on a two-year contract, while Bell, Rogers and Telus all say they plan to offer it in Canada, with Rogers saying a release will take place "in the coming weeks."

The phone is packed with consumer-friendly features, including built-in links to social networks like Facebook, Twitter and MySpace, and has a slide-out QWERTY keyboard to appeal to users frustrated by typing on touchscreen keypads.

Ian Lee, MBA director at Carleton University's Sprott School of Business, is a self-professed BlackBerry user and said he had mixed feelings about the announcement.

"Today's product launch was absolutely crucial in trying to turn around the decline in the market share that's occurring right now," he said.

"I'm sure it's bigger and better and faster and more powerful, but at most they caught up today to Apple's iPhone and I'm not sure they even caught up."

THE CANADIAN PRESS

Hot car. Cadillac

▶ The Escalade SUV has a price tag of at least $62,000 US.

GREG BAKER/THE ASSOCIATED PRESS

Escalade is thief magnet

The blinged-out Cadillac Escalade SUV, a favourite of rappers and A-listers like Tiger Woods, is also the vehicle most targeted by thieves, according to an insurance industry group.

Market moment

PRICES AS P.M. YESTERDAY

DOLLAR	Natural gas 1,000 cu ft	OIL	TSX
+ 0.42¢ US	+ 5¢ US	+ $1.21 US	+ 69.17
97.67¢	$4.751	$82.55	11,782.60
	Gold		
	+ $1.80 US		
	$1,185.20		

Recovery slowed during spring

U.S. consumers did not boost their spending in June and their incomes failed to increase, further evidence the economic recovery slowed in the spring. And Americans saved at the highest rate in nearly a year.

Personal spending was unchanged in June, the Commerce Department reported yesterday. It was the third straight month of lacklustre consumer demand. Incomes were also flat. Consumer spending is closely monitored because it accounts for 70 per cent of total economic activity.

THE ASSOCIATED PRESS

2.4

Percentage of growth in the U.S. economy for the second quarter of 2010. Many economists believe growth will dip further.

[1] To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

Just sayin'

PAUL SULLIVAN

Paul Sullivan's Just Sayin' column will return Aug. 18

LEARNING A LESSON FROM NOAH

On the chance the Gulf of Mexico oil spill threatens some sea creatures with extinction, naturalist Jack Rudloe hopes his laboratory can save them.

Rudloe has launched Operation Noah's Ark, using his four-acre facility an hour south of Tallahassee, Fla., to preserve more than 350 different specimens — everything from sharks to starfish, shrimp and batfish — in an environment that includes a grassland and duplicates high and low tides. And he's not doing it two-by-two. The fiddler crabs, for instance, number around 50,000.

"We have this endless supply of critters and water out there," said Rudloe, 67, whose enchantment with the Gulf and its inhabitants dates back some 40 years. "We have to get as many animals in there as we can and then if the conditions permit, be able to put some of them back and get some things started."

Though the broken oil rig has been capped since mid-July and little heavy crude is visible on the Gulf, Rudloe said he's still committed to the project.

"I don't believe that the oil is gone," Rudloe said. "It's still out there in cold water, little tiny droplets that could come spilling up here in the wrong conditions of one or two hurricanes."

Rudloe's Dickerson Bay laboratory is about 20 miles from the easternmost point where oil has been reported on Florida's Panhandle. Still, he worries about oil fouling his 50 tanks, which use saltwater pulled through an 800-foot pipeline from the Gulf. He is installing filtration systems just in case.

"If everything is dead, the marshes are black, the water is foul ... we still want to keep the place going," Rudloe said. "We would have to have live support systems where we can keep things alive."

Rudloe estimates the project could cost $1.2 million US. He can't afford that kind of financial hit, coming at a time when his wife — noted marine biologist Anne Rudloe — is battling a serious illness. The nonprofit, licensed facility, which attracts about 18,000 visitors annually, depends on admission fees, memberships and donations.

A New York native who moved to Florida in his early teens, Rudloe, who is self-taught, has joined with his wife to write books on the Gulf ecosystem along with articles for National Geographic, Sports Illustrated and other publications.

THE ASSOCIATED PRESS

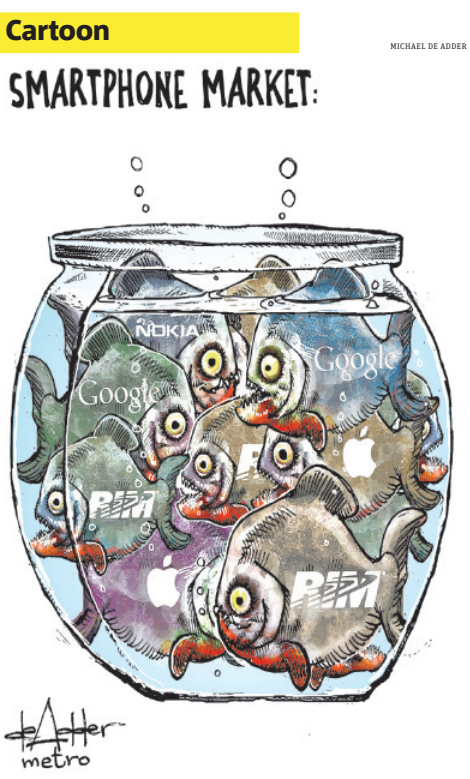
Helping hands

Naturalist Jack Rudloe has received some outside help since the spill.

- **Separator** Pennsylvania-based Martin Marine shipped a $25,000 water-oil separator that Rudloe said could save the day, sifting out petrochemicals.
- **Tanks** He will also use roughly 50 large water tanks to store "healthy seawater" to maintain hundreds of other critters, including sea urchins, sea cucumbers, sponges, sea horses and spinybox fish.

Cartoon

MICHAEL DE ADDER



Health and numbers

Letters & Tweets

HALIFAX. On June 26, the federal government announced Canadians would no longer be required to complete Canada's long-form census.

Doctors Nova Scotia is concerned that the alternative — a voluntary survey — will not be able to provide the necessary credible data to guide health-care policy and program development in our province.

The information gathered from the long-form census is critical to the development and delivery of health-care programs and services.

Reliable information is key when meeting the challenges that face our health-care system.

JANE BROOKS, PRESIDENT, DOCTORS NOVA SCOTIA

Re: "Forest bathing" aids well-being (Aug. 3)

TORONTO. I wish to thank Metro for printing the article by Celia Milne.

These are heritage trees. Milne brought to our attention the importance of forests and our well-being.

It was perfect timing since the United Nations has declared 2011 as the International Year of Forests to raise awareness, preserve and conserve all types of these forests for generations to come.

EDITH GEORGE

Data decision

Lady Gaga: Hot or not?

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Metro Minute with Beauty of Japan

Experience an enchanting cultural experience at the Beauty of Japan — Japanese Kimono show. The event features 30 renowned teachers and models from the Motomi Kimono School in Nishinomiya, Japan, who will demonstrate kimono manners such as bowing, walking, sitting as well as virtues of the heart. There will also be a reception following the show and Kimono paraphernalia on sale. Spectators will have the opportunity to meet and mingle with the teachers. The show takes place at the Nikkei Museum and Heritage Centre at 6688 Southoaks Cres. in Burnaby from 6 to 9 tonight. Tickets are $10-12.

VANESSA YEE

CAROLYN KIRKUP/FOR METRO VANCOUVER

▶ Kimono teacher Mineko Ukai, right, helps a model tie her obi.

SUBMITTED PHOTO

▶ New buddy cop movie The Other Guys pairs Will Ferrell and Mark Wahlberg. The movie opens in theatres on Friday.

Buddy cops team for comedy gold

Will Ferrell and Mark Wahlberg breathe new life into genre with The Other Guys

STEVE GOW
SCENE@METRONEWS.CA

The Other Guys certainly isn't Hollywood's first buddy cop movie. It's not even the first one this year — thanks to February's Cop Out.

With The Other Guys however, comic Will Ferrell and Oscar-nominee Mark Wahlberg aim to revitalize the long-standing genre that has flourished since the 1980s with favourites like Beverly Hills Cop, Stakeout and Lethal Weapon.

Commonly comprised of two opposing lawmen, the buddy cop movie may be a perennial favourite but the real question is, how true to life are these films?

"Certainly I think they sex them up a bit for Hollywood," said Cam Woolley, a retired 30-year Ontario Provincial Police officer and now a television reporter on Toronto's CP24. "(But) most people probably wouldn't believe how much of it is true."

Ethnicity often plays a central factor in many of these films (48 Hrs, Rush Hour) but they aren't completely reliant on cultural distinctions. More importantly, the main characteristic of all buddy cop films has to do with the interdependence between distinct personalities.

"(In movies), they're usually dissimilar and that's where you have half the fun, where you have these two characters that don't fit very well," said Woolley. "And that's true because the police aren't usually picking their partners for a variety of reasons ... but you ultimately have to depend on each other."

Whether it's such big-ticket blockbusters as Bad Boys or a Canadian hit like Bon Cop, Bad Cop, it's that conflicting alliance that creates the perfect contrast for classic comedy.

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Buddy cop movies

- **1967 — In The Heat of the Night:** Although not a comedy, this Norman Jewison drama is largely considered an early pioneer for mismatched cops.
- **1982 — 48 Hrs:** This Eddie Murphy/Nick Nolte comedy kicks off the decade of the buddy cop, which soon follows with Dragnet, Stakeout, Midnight Run.
- **1987 — Lethal Weapon:** Lethal Weapon becomes one of the most successful franchises.
- **1988 — Alien Nation:** This cult favourite marks the first pairing of a cop and an extraterrestrial.
- **1997 — Men in Black:** The all-time top-earning version of a buddy-cop comedy (more than $250 million worldwide).
- **2006 – Bon Cop, Bad Cop:** Canada finally gets its own buddy-cop movie and becomes one of the nation's highest-grossing films in history.

Short mixes it up for The Cat in the Hat

Martin Short says he mixed a bit of insanity, friendliness and childlike frivolity to come up with his vocal take on the high-spirited Cat in the Hat, but don't go looking for telltale signs of his other famous personas, such as the manic Ed Grimley or the obtuse Jiminy Glick.

The Hamilton-born actor, who has used his outrageous vocals to create memorable characters such as outrageous wedding planner Franck in the Father of the Bride series, says he wanted to make his latest kooky incarnation as unique as possible, while still staying true to spirit of the Dr. Seuss books.

Short's twist on the beloved children's hero can be heard in the new animated series The Cat in the Hat Knows A Lot About That, billed as the first TV show based on the literary feline.

"You probably go from a source of energy, a source of animated voice, and you actually try to avoid the other characters because then they say, 'Oh, he's just doing Ed Grimley.'"

The Treehouse series is drawn from the beginner book collection, The Cat in the Hat's Learning Library, and features a boy and a girl who learn about nature and science with the help of the know-it-all Cat.

THE CANADIAN PRESS

FRED CHARTRAND/THE CANADIAN PRESS

"He's got to be friendly and insane and animated and filled with a kind of childlike frivolousness to engage these kids."
MARTIN SHORT

The end of Twilight

Twilight fans will get their final taste of the vampire series when the second half of the finale hits theatres at the end of 2012.

The Twilight Saga: Breaking Dawn — Part 2, is scheduled for release Nov. 16, 2012, Summit Entertainment announced yesterday. The first half is coming out Nov. 18, 2011.

THE ASSOCIATED PRESS

2 scene

News in brief

Christopher Nolan's Inception, which stars Marion Cotillard, will be released in China, the country's film importer said yesterday, giving a lucrative foreign market to a sci-fi thriller that already has become a global sensation. China Film Group will give the Warner Bros. production one of its coveted 20 annual slots for revenue-sharing imports.

THE ASSOCIATED PRESS

SCANLIFE

Obama, Lady Gaga earn spots on Vanity Fair's best-dressed list

BOOKS

Smart Angel writing memoir

The Smart Angel is writing a memoir.

Gallery Books said yesterday that Charlie's Angel star Kate Jackson will look back on her acting career and her personal crises and triumphs, from surviving breast cancer to adopting a boy.

The book, currently untitled, is scheduled for June 2011. Gallery is an imprint of Simon & Schuster.

In the 1970s, Jackson starred with Farrah Fawcett and Jaclyn Smith on the hit TV series Charlie's Angels.

THE ASSOCIATED PRESS

Smith jury selection resumes

Jury selection will resume in the Anna Nicole Smith drug conspiracy case after most prospective jurors were eliminated during the first round of questioning.

Judge Robert Perry ordered a new group to report after attorney challenges excluded all but a few of the first 60 perspective jurors.

THE ASSOCIATED PRESS

Cheers' Norm heads to P.E.I.

Rumour has it that a few extra kegs of beer are on order for an upcoming production at the Charlottetown Festival.

The festival has announced that George Wendt, best known for his role as Norm on the TV series Cheers, will headline the cast of Hairspray.

THE CANADIAN PRESS

Will.i.am distraught over Michael Jackson album

Black Eyed Peas frontman says release of new material 'disrespectful'

MICHAEL BUCKNER/GETTY IMAGES

▶ Will.i.am collaborated with Michael Jackson on the re-release of Thriller in 2008.

A new Michael Jackson album is expected by the end of the year, culled from unreleased material in his vaults.

But Jackson collaborator and Black Eyed Peas frontman will.i.am is vehemently opposed to the idea.

"I don't think that should ever come out. That's bad," he said. "He was a perfectionist and he wouldn't have wanted it that way. How you gonna release Michael Jackson when Michael Jackson ain't here to bless it?"

Will.i.am collaborated with Jackson on the rerelease of Thriller in 2008 with remixed versions of some of the album's classic songs.

He said Jackson was very particular about all aspects of his musical productions, from his vocals to arrangements to instrumentation.

"Now that he is not part of the process, what are they doing? Why would you put a record out like that? Because he was a friend of mine, I just think that's disrespectful," he said. "What's wrong with what he already contributed to the world?"

The Jackson estate did not respond to a request for comment.

Not much is known about what will be on the album, but Michael's brother Jackie has said he and brother Marlon were working on the record with John McClain, Jackson's former manager and executor of his estate.

THE ASSOCIATED PRESS

"So what? You don't disrespect someone when they're gone ... How much can you suck from his energy? ... Freaking parasites!"

BLACK EYED PEAS FRONTMAN WILL.I.AM, WHEN ASKED ABOUT THE HIGH DEMAND FOR ANY NEW JACKSON MUSIC

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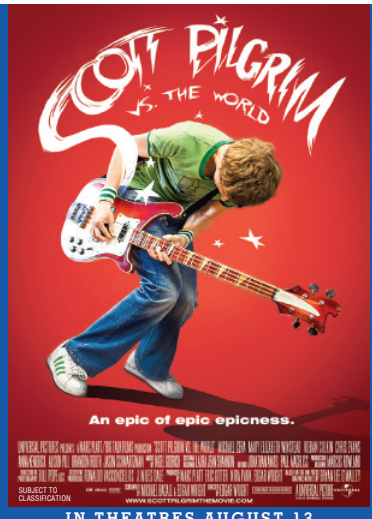

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Out of this world gift for Brand

Songstress Perry buys beau a trip to space on Virgin Galactic's maiden voyage for his birthday

GETTY IMAGES

▶ Katy Perry spent $200,000 US on her fiancé's birthday gift.

Katy Perry is apparently a great gift-giver.

For fiancé Russell Brand's 35th birthday, she purchased him a $200,000 US ticket on the first Virgin Galactic flight into space, according to E! News. Perry isn't planning on going into orbit herself, though friends think she should.

"She should get the seat right next to him," a source says.

No date has been set for Virgin Galactic's maiden voyage. More than 200 people have reportedly signed up for a flight. The endeavour was started by Sir Richard Branson.

Meanwhile, Perry is set to appear on the cover of Rolling Stone magazine in lingerie. In an interview with the magazine, Perry reportedly discusses her strict Christian upbringing. Her parents were both pastors. METRO WORLD NEWS

Celebrity tweets

Bill Cosby [@BillCosby] Emotional friends have called about this misinformation. To the people behind the foolishness, I'm not sure you see how upsetting this is. (on reports of his death)

Samantha Ronson [@samantharonson] One would think the safest place for a safe key would be inside the safe. That is until you try again to unlock that safe.

Russell Brand [@rustyrockets] I'm doing a pretend wedding in a real church while acting drunk. Forgive me Lord. And @katyperry.

METRO WORLD NEWS

Lohan ordered straight to rehab

While Lindsay Lohan was certainly happy she only had to serve 14 days of her 90-day jail sentence, she's reportedly not very happy about not getting to see her family when she got out, according to People magazine.

"Lindsay is very upset that the judge ordered her to go straight to rehab," a source says. "(Lindsay) feels that she deserved to spend a day with her family after she behaved well in jail."

Lohan's mother and sister met up with her at the UCLA Medical Center once she'd checked in for her 90-day rehab program.

METRO WORLD NEWS

Sheen sentenced to 30 days in rehab

Charlie Sheen has been sentenced to 30 days in rehab in connection to his Christmas morning domestic incident with wife Brooke Mueller in Aspen, Colo., according to Exposay.

He was also given a 30-day suspended jail sentence after agreeing to a plea bargain. "I'm very grateful to the court and to the people of Pitkin County," Sheen said. METRO WORLD NEWS

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3 life

Top picks

Travel find this week:

1 **Get wet:** When it opened in early June 2010 about a half-hour's drive east of downtown Ottawa in the small town of Limoges, Calypso became Canada's largest waterpark, with slides, games and numerous ways to get and stay wet. calypsopark.com

2 **Deals:** Bid on a selection of hotel packages for everyone from the discerning luxury traveller and those seeking a quick getaway to deals targeted towards family journeys at LuxuryLink.com and their recently launched sister sites FamilyGetaway.com

3 **Cruises:** Visit tripharbour.ca to find a wide selection of cruise ship deals, reviews on trips and stay up to date on the industry.

After attracting visitors for a generation, Texas version of Stonehenge to move

Going, going Ghana

- The heat of Accra is matched only by the energy of its inhabitants
- There is so much happening here 24/7 that it's impossible to get bored

ROMINA McGUINNESS
TRAVEL@METRONEWS.CA
METRO WORLD NEWS IN LONDON

"Akwaaba! Welcome to Ghana ..."

Why go now?
Bordering the Gulf of Guinea and wedged between Ivory Coast and Togo, Accra is one of Ghana's hippest cities. The capital's boundless energy is contagious and obvious in all aspects of everyday life. It's loud too — whether it's the women pounding fufu (maize paste) or haggling over the price of fried plantain on the sidewalk. Voodoo belief and influence leaves its mark too and impossible to ignore is the Ghanaians' love of a good party.

It's my first time. What should I do there?
Ghana's coastline is some 500 km of unspoiled beach lined with coconut and palm trees and Labadi Pleasure Beach is the most popular one in Accra. Put your feet up and relax on your sun lounger as you get a quick mani-pedi on the spot or join in a game of Frisbee or beach volleyball.

I've been before. What should I see this time?
Drinking a pint of Guinness at Ryan's Irish Pub may seem like the wrong thing to do, but strangely, it's wonderful.

Try out a tro-tro, local commercial buses that will zoom you up and down every alleyway of Accra, showing you exciting new places. Spend an afternoon visiting the fishing port James Town and then climbing to the top of the old Lighthouse for some spectacular views over the Atlantic Ocean.

Where's the best place for shopping?
Loom (117 Kwame Nkrumah Ave) is the best place for high-end local arts and crafts.

African glass pearls, ebony statuettes and intricate woodcarvings can all be found here. For the most elegant textiles, there's no place like Woodin's whose reputation for beauty and quality of print is respected throughout West Africa.

What's the nightlife like?
Accra's nightlife is a whirlwind of song and dance and keeping up with the local pace is tough. Start with a dinner of sushi or crocodile tail at Monsoon. Get yourself into the swing of things at Indigo (near Danquah Circle), a trendy club located within an old embassy building. Near Oxford Street is Lizzie's, ideal for those who want to keep on dancing into the night and like their hip-hop.

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3 THINGS TO DO

LOMÉ

Cross the Togolese border to the port city of Lomé. The Grand Marché is a massive concrete block where thousands of buyers and sellers meet daily to haggle and squabble over anything from meat, pearls, plantains, plastic cups and cigarettes. French is the main western language spoken in the area. Lomé also has one of the best restaurant scenes in West Africa. But it's one of the best kept secrets for a reason, so get some help finding it.

VOODOO DOLLS

Follow the crowd along Hansen Street making its way to Timber Market. Don't let the unknown put you off. The fetish section is fascinating, from the juju dolls to the furry trinkets, animal skulls and little bottle of powdered potions. Magic.

TURTLE TALES

Ada Foah on the Volta Estuary is one of the most of important nesting and breeding sites for endangered marine turtles. The beach is also a sanctuary for estuarine birds, making it a true bird-watchers paradise. Hitch up a tent or sleep in one of the thatched roof bungalows at a nearby beach resort.

Grilled steak sandwiches

Treat hungry gang at the cottage to hearty sandwiches with whole-grain mustard sauce

Ingredients:

Beef Steak Sandwiches
- 1 tri-tip rump roast, about 750 g (1 1/2 lb) and 4 cm (1 1/2 inches) thick, fat and silver skin removed
- 8 slices sourdough bread, each 1 cm (1/2 inch) thick
- 30 ml (2 tbsp) unsalted butter, softened
- 1 bunch watercress

Paste
- 30 ml (2 tbsp) whole-grain mustard
- 15 ml (1 tbsp) chopped fresh rosemary leaves
- 15 ml (1 tbsp) kosher salt
- 2 cloves garlic, minced
- 5 ml (1 tsp) ground black pepper

Sauce
- 30 ml (2 tbsp) whole-grain mustard
- 30 ml (2 tbsp) mayonnaise
- 15 ml (1 tbsp) extra-virgin olive oil
- 5 ml (1 tsp) red wine vinegar
- 5 ml (1 tsp) kosher salt
- 2 ml (1/2 tsp) ground black pepper

▶ Grilled steak sandwich with whole-grain mustard sauce.

One of the most juicy and tender beef cuts, rump or tri-tip steak, is ideal for these marvellous grilled sandwiches with whole-grain mustard sauce. It's a perfect choice for a cottage patio lunch or supper.

Preparation:

1. In a small bowl, combine paste ingredients. Rub paste all over roast, cover with plastic wrap and refrigerate for 1 hour.
2. In a small bowl, combine sauce ingredients. Refrigerate until ready to use. Allow roast to stand at room temperature for 15 to 30 minutes before grilling.
3. Prepare grill for direct and indirect cooking over medium (180 to 230 C/350 to 450 F) heat.
4. Brush cooking grates clean. Grill roast over direct medium heat until well marked on both sides, 8 to 10 minutes, turning once or twice. Then move roast over indirect medium heat and cook until it reaches your desired doneness, 15 to 20 minutes for medium rare, turning every 5 minutes or so. Keep lid closed as much as possible during grilling. Remove from grill and let rest for 5 to 10 minutes. Cut roast across grain into 5-mm (1/4-inch) slices.
5. Brush bread with butter and grill over direct medium heat until lightly toasted, about 1 minute, turning once.
6. Spread about 5 ml (1 tsp) of the sauce on 4 slices of the bread, place a layer of meat on top and then some watercress. Top with remaining bread.

THE CANADIAN PRESS

Superfood: Peanuts

To be or nut to be.

Peanuts are not nuts — they are actually part of the legume family, and are more closely related to the chickpea than the cashew.

The peanut is high in good monounsaturated fats, which reduces the risk of heart disease. They are also a better source of antioxidants than apples, although this is no excuse to replace them in your "5-a-day count" as they still have a high calorie content.

The breakdown: A cup of peanuts (114 g) is 862 calories, 76g of fat and 40g of protein.

METRO WORLD NEWS

Fit for a king

Celebrity crush One of Elvis Presley's (many) guilty pleasures was a 'hunka-hunka fried peanut butter'— a fried peanut butter and banana sandwich. Easy, take two slices of white bread and fill them with creamy peanut butter and sliced bananas ... food fit for a King.

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Mistakes got you down?

You're not imagining things if you notice that those feelings of inadequacy come back-to-back

DREW HINSHAW
METRO WORLD NEWS

The harmful pattern of how one mild mishap can self-multiply into a day job downward spiral of serial slipups is as familiar to the waiter who drops two dishes in a single shift as it is to the C.E.O. who drops two awkward jokes in a single shareholder's speech.

Career gurus say there's an easy backdoor away from that personal prison:

Laugh it off

When you've really overboiled the broth, Fuscaldo recommends you "throw in a little humour. Laugh about it," she says. "Just let the thoughts roll into peaceful, loving gratitude."

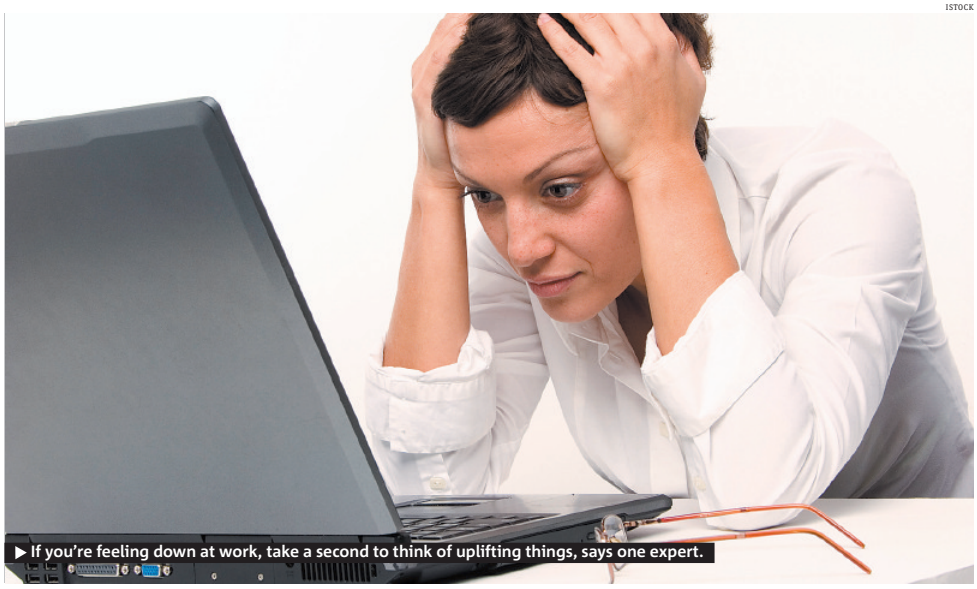
When you feel like you can't do anything right, just take an instant to not do anything at all.

"Focus on something beautiful," life coach Melanie Fuscaldo says. "A moment of appreciation like, 'Oh my God, I love my dog. I love my kids.' That can do a reset."

Fanciful as daydreams of tots and puppies may seem, there's a science behind her wisdom, Dr. Pam Brill notes, explaining the neurological aspects of failure.

"When we perceive a threat, all that stress chemistry shuts down the front part of our brain that allows us to think strategically and objectively," the peak performance consultant says. "We get into this trap of saying, 'Woe is me, I'm not as good,' and we focus negatively."

ISTOCK



▶ If you're feeling down at work, take a second to think of uplifting things, says one expert.

That's why she says an outside perspective can spin panic into spunk.

"Call an old mentor," she offers. "Take them out for coffee."

Rewording the vocabulary flooding your inner ear can accomplish the same.

"When you hear yourself using phrases like, 'I can't do that, or I should've done that,' turn it around," Brill suggests. "Find the language of desire instead of the language of disaster."

"And be candid," she adds. The worst thing a self-doubter can do, she warns, is keep top-secret a project lurching towards disaster.

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NO 'FREE' CONSULTATIONS

Workplace Law

DANIEL LUBLIN
DAN@CANADAEMPLOYMENTLAWYER.CA

People get what they pay for. This is as true in law as it is in life. Here is one story that should make employees pause when they are offered a "free" consultation with a lawyer.

I recently met with a client seeking a second opinion following his complimentary session with another lawyer. He had found a "labour lawyer" on the Internet whose website brandished a free consultation. Believing that he would get an opinion on his case without spending a dime, this client was unfortunately drawn to the lawyer's promise.

They spoke briefly on the telephone and the lawyer swiftly provided an "opinion" that he had been wrongfully dismissed. The problem, however, is that he was wrong. Based on the lawyer's advice, the client gave him $1,500 to review the file and write a letter. He then signed an agreement permitting the lawyer to charge him based solely on the time he would spend on the file, regardless of the result.

Later on, during the lawyer's comprehensive review of the file, he discovered that the employment contract the client had signed had all but disposed of the case. The lawyer hadn't bothered to discuss the contract as a potential problem during their initial free discussion (something that most employment lawyers should spot as a matter of course). But, by the time the lawyer later realized the significance of the issue, he had performed hours of work — which, according to the retainer agreement the client had signed, was time that he would be paid for.

Therefore, the client had been billed twice the standard fee that most lawyers generally charge for an initial meeting for less than half of the work. In other words, this client's "free" consultation had become something much different. And his cautionary tale is, unfortunately, not an unusual one.

What should employees do? Avoid free legal advice or summary opinions provided over the Internet or telephone, however tempting that may be. Don't work with lawyers who simply dabble in employment law — and ensure you understand how you will be charged for your lawyer's time.

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Be savvy in your exit interview

Parting ways? It won't be easy if Human Resources has its way.

These days, getting and quitting a job involves a roughly identical amount of corporate passage rites — from legalistic forms to fill out to statements to sign. But perhaps no ritual is as arcane as the final threshold: The exit interview. You, an HR rep and a voice recorder, reminiscing on the employee handbook-prescribed lives you shared.

A sacred fact-finding mission for some managers, but a perfunctory formality for others, exit interviews are — for AskTheHeadHunter.com author Nick Corcodilos — "the cockroaches of the HR world."

"They just survive," he says. "I really think companies do them out of sheer habit.

"If a company wants to find out what employees think, why don't you ask them while they're still working there?" he asks. "Why wait until they're leaving?"

Navigating an exit interview, like any goodbye, is a theatrical art — and while many a worker may relish the chance to discharge a few parting shots, career coach Hallie Crawford recommends bidding adieu with diplomatic understatement.

"Try to not single out any one person unless you are pressed to do so," she advises. "Keep things professional, not personal." She continues, "Consider what criticism is really worth bringing up."

DREW HINSHAW

ISTOCK

▶ It's best to be simple and to the point when tendering a resignation. Do not go over the top.

The right way to resign

For many job-hopping careerists, there are few workplace rituals so hard as saying 'so long'

DREW HINSHAW
METRO WORLD NEWS

"People dread it," says Surviving Dreaded Conversation author Donna Flagg, who views the quitter's apprehension as a self-centred sentiment.

"People come and go, companies move on," she says. "It's not as devastating as the person resigning makes it in their head."

Don't let that resignation guilt lead you to pen an overly personal resignation when you tender your resignation. Flower your two-week notice with paeans to your corporate overlings and the document could wind up decorating a courtroom counter evidence table — exhibit A — should you ever need to sue the company for unpaid wages or salary discrimination.

"Write a letter with one line," suggests How Can I Change Careers author Nick Corcodilos. "I hereby resign my position with X-Y-Z. That's it. Be friendly, respectful, professional, upbeat, but do that stuff orally."

Melodrama

Feel like the blameless protagonist exiting a play about corporate absurdity? It doesn't matter, Flagg remarks. "Bow out gracefully," she advises. "It's not worth giving them a huge 'F-you' on your way out. We bump into the same people in our career."

News in brief

WWII vet leaves $1M to UNB

EDUCATION Second World War veteran Joseph Flanagan has left a $1.34-million bequest to the University of New Brunswick to support student scholarships. The gift will fund the Joseph A. and Kathleen A. Flanagan Memorial Scholarships for students from New Brunswick taking science and engineering programs at the university.
ACADEMICA.CA

Colleges must curb booze

EDUCATION American colleges are not doing enough to limit student access to alcohol, according to a new study from the University of Minnesota and reported by USA Today. The study's author says a survey of 351 college administrators revealed there was "very little action" on recommendations from a 2002 college drinking task force report.
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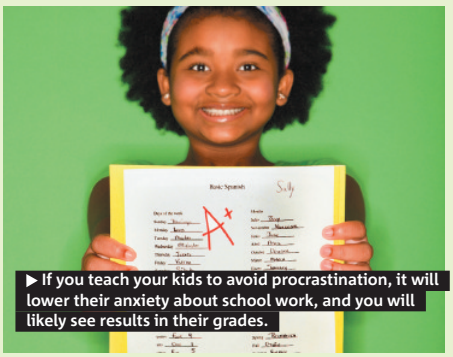

▶ If you teach your kids to avoid procrastination, it will lower their anxiety about school work, and you will likely see results in their grades.

Confidence spells success

A new school year is fast approaching and once again children have a brand new slate. If we take time now, say education professionals, to stir up some excitement for learning, the usual back-to-school anxiety will not only be reduced, it will be replaced with a growing confidence.

Parents can lay the groundwork with these confidence-building tips from Kumon Math and Reading Centres:

• Develop a regular study time every day. Ask your child if he or she works best right after school, just before dinner, or immediately after dinner — and while flexibility is required, do ensure that the study time is a habit that occurs every day.

• Help your child to manage assignments and tests by spreading the work out. Remember, procrastination feeds anxiety. Encourage your child to be prepared and begin assignments early.

• Take an interest in what your child is learning by asking questions and offering ideas. This gives your child an opportunity to review work and extend learning. Encourage your child to ask for help when needed. **NEWS CANADA**

Offering help a key to success

With a new school year fast approaching, homework will once again become a nightly activity

NEWS CANADA PHOTO

▶ A recent study showed that helping you child out with his or her homework pays off.

Making homework a positive and productive experience is something that every parent aims for. According to a recent survey conducted by Ipsos-Reid for Kumon Math and Reading Centres, if parents take the time to teach their child to actively ask for homework support, it can help them improve academic performance and enjoy a more rewarding homework experience.

According to responses from more than 1,200 Canadian parents, more than half of the children who actively engage their parents in homework support perform at an average to above average level at school.

Also, children who engage their parents in the homework process enjoy more dynamic support. From monitoring homework progress (75 per cent) to discussing the assignment (75 per cent), these children turn what can be a source of stress into an interactive, two-way dialogue about learning, creating a more rewarding and enriching homework experience.

Demonstrating an interest in your child's homework and offering support is not the same thing as completing assignments for your child. Here are some key tips on finding that balance, from Kumon Math and Reading Centres:

Know the homework policy:

Ask about the kinds of assignments students are expected to complete, the anticipated length of time it takes to complete assignments, and the expectations for parent involvement.

Establish a routine:

This means determining a regular time each day in a distraction-free environment with all of the tools and resources at hand, such as pens, pencils, paper, ruler, scissors and a dictionary.

Reinforce study habits:

Help your child to structure his or her time before assignments are due. Discuss the steps that are required and map it out with respect to the amount of time it will take to complete the assignment.

Provide support:

If you are not available, ensure that someone is available and follow up with your child by asking about his or her homework. **NEWS CANADA**

Getting started

If your child is having trouble getting started, provide some assistance.

▶ Have him or her choose a question that they know how to do. Do the first question, fill in the first blank or read the first paragraph together. Ask if he or she can do the second one alone and reassure your child that you'll be available to help if there are any further stumbling blocks.

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End of the road for Brett Favre?

Vikings teammates say he told them he's done with football

Even though Brett Favre has told some of his teammates he's calling it a career, the Minnesota Vikings are hoping for one last change of heart from the quarterback who just can't stay retired.

Favre has started to contact teammates and Vikings officials to say he will not return for a 20th NFL season, tight end Visanthe Shiancoe said last night.

"He told a couple guys on our team he's going to retire," Shiancoe said after practice. "He hasn't told me yet. I'm going to check my phone right now, but it hasn't been said publicly yet so I don't know what to believe."

Earlier yesterday, a person with knowledge of the situation told The Associated Press that the 40-year-old Favre contacted the Vikings to say he wouldn't return this season because his injured left ankle is not responding as well to surgery and rehabilitation as he had hoped. The person spoke on condition of anonymity because no official announcements were made.

Coach Brad Childress said Favre had not told him directly that he plans to retire as of yesterday morning. The coach would not confirm Favre's status with the team, calling it a "fluid situation," and he was unavailable for comment after the evening practice.

"I'm not a big hearsay person," Childress said. "I gotta hear it from the horse's mouth."

As always with the former MVP, things could change. Favre and his agent, Bus Cook, did not return messages from The Associated Press.

"I plead the fifth on everything," defensive end Jared Allen said.

"I love Brett and he reserves the right to do what he wants to do. We obviously love him as a teammate. We'd like to have him back. But until it's official, I'll believe it when I see it."

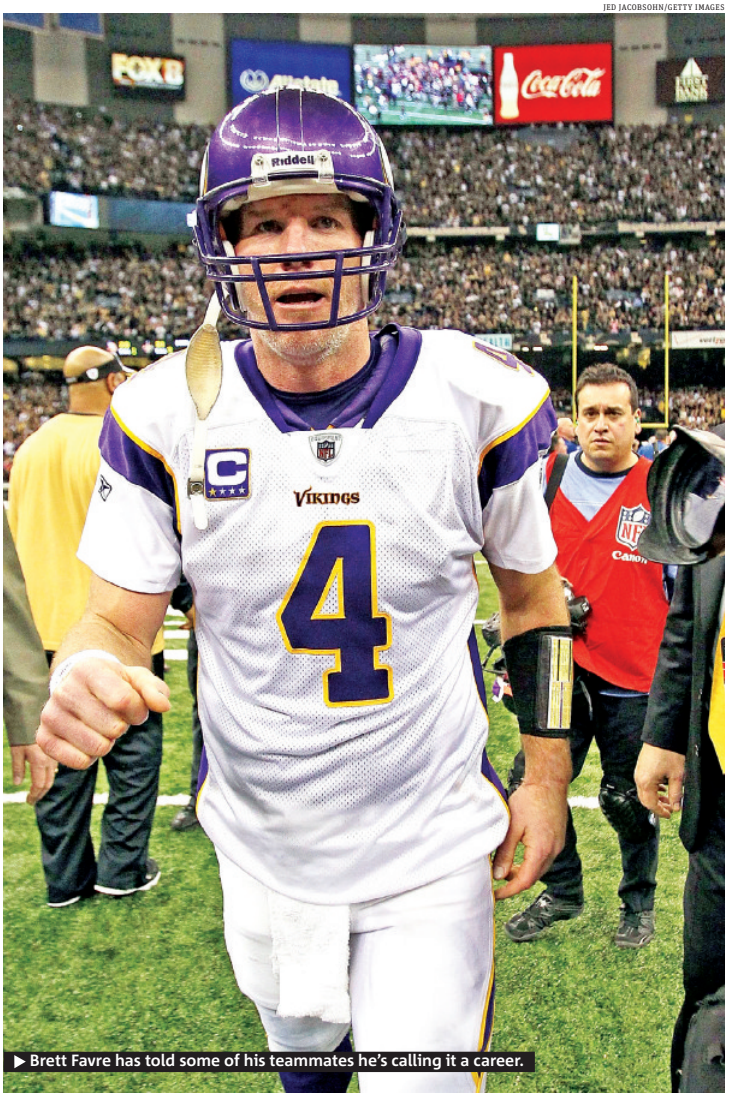
THE ASSOCIATED PRESS

Familiar story

Brett Favre has a history of changing his mind.

1. "I know I can play but I don't think I want to. It's been a great career for me, but it's over." — Favre on March 6, 2008, two days after retiring from the Packers. Plays next season for Jets.
2. "It's been a wonderful career, I couldn't ask for anything more ... It's time to leave."— Favre on Feb. 11, 2009, when he announces his second retirement. He later "unretires" to play for the Vikings

JED JACOBSOHN/GETTY IMAGES



▶ Brett Favre has told some of his teammates he's calling it a career.

Walter out as Canucks shuffle coaching staff

Ryan Walter is out as an assistant coach with the Vancouver Canucks.

"The decision was mine," Mike Gillis, the Canucks' president and GM, said yesterday. "I will leave it at that."

In Walter's place the Canucks have hired Newell Brown to the NHL team's coaching staff. Associate coach Rick Bowness and Darryl Williams, the assistant coach in charge of video, have also been re-signed.

2 Walter spent two years as a Canuck assistant coach. The native of New Westminster, B.C., had a 15-year NHL career.

Brown, 48, joins the Canucks after spending the last five seasons as an assistant coach with the Anaheim Ducks. He has also worked as an assistant coach for the Columbus Blue Jackets and Chicago Blackhawks.

"He brings a wealth of experience from a number of different organizations, including a Stanley Cup championship," said Gillis. "We believe his skill set complements our coaching staff and will help further develop our players, ultimately making this team more competitive."

THE CANADIAN PRESS

Sports in brief

Boston, Miami in NBA opener

BASKETBALL. The NBA will open its season with a battle of Big Threes, then offer up the new-look Miami Heat against Kobe Bryant and the defending champion Los Angeles Lakers on Christmas Day.

The Heat will debut their all-star trio of Dwyane Wade, LeBron James and Chris Bosh at Boston on Oct. 26 against the defending Eastern Conference champion Celtics, who are led by their veteran group of Paul Pierce, Kevin Garnett and Ray Allen.

Surgery slated for Onstad

MLS. Houston Dynamo goalkeeper Pat Onstad is scheduled to have surgery today in Germany to repair bilateral abdominal strains. The 42-year-old from Vancouver is the league's career leader in goals against average (1.05).

THE ASSOCIATED PRESS

4 sports

Sports in brief

1. Shaquille O'Neal is reportedly in talks with the Boston Celtics.
2. Ryan Howard has gone on the DL after hurting his left ankle.
3. A botched surgery nearly killed Jacques Demers, the former NHL coach said in an interview.

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SUBMITTED PHOTO

▶ The 2010 Nissan Altima Hybrid features a refreshed front grille and 16-inch alloy wheels.

Altima Hybrid sedan best of both worlds

If you don't fancy full-on hybrids like Toyota Prius and Honda Insight, Nissan offers a great alternative ◐ Model easy and pleasant to drive

LORNE DRURY
DRIVE@METRONEWS.CA

Hop in, push the starter button and your Nissan Altima Hybrid is ready to go.

It's as simple as that and not nearly the complicated process that many might expect if you are not educated in the operation of a gas-electric hybrid vehicle.

Unlike the Toyota Prius and Honda Insight, which are designed from the ground up as hybrids, the Altima Hybrid is a standard four-door Altima sedan, outfitted with a hybrid power train.

Nissan says it set out to make the Altima one of the best performing large front-wheel drive sedans on the market. The hybrid version adds better fuel economy and fewer emissions to produce a more environmentally friendly vehicle.

With few changes from the 2009 model, the 2010 Altima Hybrid is really an easy and pleasant vehicle to drive. It has a well-designed, comfortable interior and, for 2010, offers an optional Leather Tech Package ($4,900) that includes a number of features including leather seats, Bose audio system and rear view monitor.

Also new for this model year is a refreshed front fascia and grille, newly styled 16-inch alloy wheels and standard folding mirrors with integrated turn signals.

The Altima Hybrid power train starts with Nissan's tried and true 2.5-litre four-cylinder gasoline engine. It is combined with an electric motor, producing a hybrid system power rating of 198 hp, and it can travel an estimated 1,300 km between fill-ups.

The specs

2010 NISSAN ALTIMA HYBRID

- **VEHICLE TYPE** Four-door sedan
- **PRICE** from $33, 398
- **ENGINE** 2.5-litre DOHC 16-valve in-line four-cylinder engine (158 hp, 162 lb/ft of torque) combined with a 40 hp electric motor
- **FUEL ECONOMY** 5.6L/100 km city and 5.9L/100 km highway

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According to the British Columbia Automobile Association (BCAA), members use CAA/AAA services about 20,000 times per year while travelling outside across North America.

Now, no matter the distance from home, drivers anywhere in Canada and the U.S. using the Canadian Automobile Association's (CAA) newest iPhone application — the CAA Roadside App which launched recently and is free of charge.

"Having your vehicle break down miles from home is not only inconvenient, it can also leave travellers feeling helpless," says Richard Gaspar, BCAA's road assist contact centre manager.

"Vacationers are often driving in unfamiliar territory and it can be difficult to figure out exactly where you are. Some street signs are hard to read, or there may be no signs or mile markers at all to indicate where you're located."

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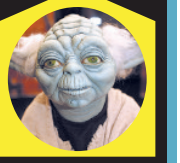
Up and down

GPS Jedi
Owners of TomTom navigation systems can now be guided by the greatest Jedi of them all — Yoda — thanks to a downloadable voice skin.



Car arguments
According to a new survey, getting lost is the biggest cause of arguments in cars. More than 60 per cent of the people questioned in the survey for British motoring retailer Halfords, said arguments had erupted because of their partner's rubbish navigation.

SCANLIFE
Scan code for more car reviews and news

Prelude to fun at wheel

Drive satisfaction and reliability go hand-in-hand with model Reputation behind relatively high prices

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Like so many of its competitors, the Honda Prelude gracefully bowed out of the sports car scene after 2001, having become a casualty of low sales volumes and increasing fuel and insurance costs.

Interestingly, even some years later, the last-generation of Honda's coupe still commands relatively high premiums in the used market as a reliable and relevant sports car.

The fifth and last generation of the Prelude hit the scene in 1997, and all models were two-door, four-seat front-drive units with four-cylinder power. Said power came from a 2.2 litre VTEC engine with 195 or 200 horsepower, depending on model year. A manual five-speed transmission was standard, and a four-speed automatic was available optionally, and featured manual-mode shifting.

Features included ABS disc brakes, air, a sunroof, leather seating, and a CD-changer audio system. Exceptional handling and braking were part of the package. Prelude mightn't be Honda's most practical used model — but many an owner say their machines deliver reliable driving enjoyment, day in and day out.

The specs

- **MODEL** 1997 to 2001 Honda Prelude
- **VEHICLE TYPE** Coupe
- **APPROXIMATE USED PRICE RANGE** $5,500 to $10,000

▶ The 1997-2001 Honda Prelude is a top choice among many hoping to get into the sports car segment.

What Owners Like

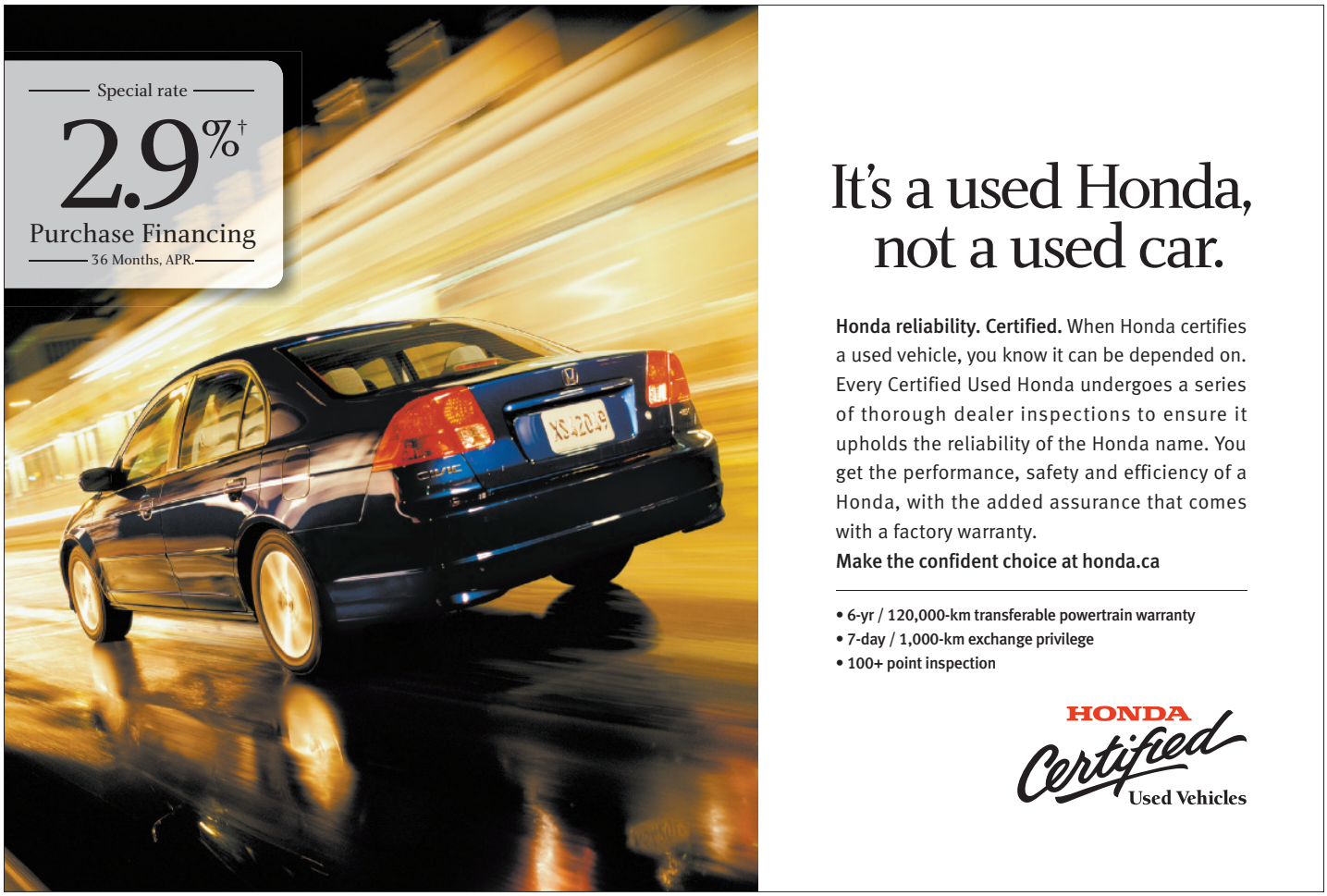
Power, handling and driving dynamics were among the last-generation Prelude's most highly rated attributes according to owners. Reliability and fuel mileage are well-rated, too.

What Owners Hate

Prelude's most common gripes centre around limited interior and cargo space, squeaks and rattles over time, and a rough ride on some surfaces.

Common issues

Prelude doesn't seem to suffer from any glaring or systematic problems, though several checks are advised. The Prelude's H22 engine used a timing belt tensioner that could be a source of grief in the event of a malfunction that allows too much slack in the timing belt. This could cause skipped belt teeth and even potentially fatal engine damage.



†Limited time financing offer on all Honda Certifed Used Civics available through Honda Financial Services, on approved credit. Offer only available up to 36 months on Honda Certified Used Honda Civics (2005–2009 model years). Finance example based on 2005 model: $10,000 at 2.9% per annum equals $290.37 per month for 36 months. Cost of borrowing is $453.42 for a total obligation of $10,453.42. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires August 31, 2010.

FORD EMPLOYEE PRICING

Now you pay what we pay for the the best prices of the year.†

On virtually our entire line-up.*

Get up to **$12,339** in price adjustments▲▲

PLUS RECEIVE AN ADDITIONAL **$500** WHEN YOU FINANCE WITH FORD CREDIT

2010 ESCAPE XLT I-4

- Duratec® 25–2.5L I-4 engine
- 6-speed automatic transmission
- Anti-Lock Brake System (ABS)
- 16-in. cast-aluminum wheels
- Easy Fuel™ capless fuel filler
- AM/FM stereo/single-CD player with MP3 capability, clock and 4 speakers
- AdvanceTrac® with RSC® (Roll Stability Control™)

Employee Price Adjustment $1,891
Delivery Allowance.....$3,500
Total Price Adjustment.....$5,391

Your Employee Price
$21,708▲▲

CHOOSE YOUR VEHICLE AND GET THE BEST PRICES OF THE YEAR	EMPLOYEE PRICE ADJUSTMENT	DELIVERY ALLOWANCE	TOTAL PRICE ADJUSTMENT▲▲	YOUR EMPLOYEE PRICE▲▲	PLUS WHEN YOU FINANCE WITH FORD CREDIT RECEIVE†
2011 **FIESTA** S SEDAN	$405	$0	$405	$13,944	$500
2010 **FOCUS** SE AUTOMATIC WITH SPORT PACKAGE	$1,529	$3,000	$4,529	$15,970	$500
2010 **FUSION** S AUTOMATIC	$1,228	$3,500	$4,728	$19,421	$500
2010 **ESCAPE** XLT I-4 AUTOMATIC	$1,891	$3,500	$5,391	$21,708	$500
2010 **RANGER** SUPER CAB SPORT 4X2	$1,573	$4,500	$6,073	$15,026	$500
2010 **EDGE** SE	$2,035	$2,000	$4,035	$27,964	$750
2010 **F-150** XLT SUPER CAB 4X4	$4,206	$5,500	$9,706	$29,193	$1,000
2011 **F-350** LARIAT CREW CAB DIESEL 4X4	$8,339	$4,000	$12,339	$57,010	$1,000

All prices include freight & air tax.

PLUS

Only Ford lets you recycle your **2003 or older** vehicle and get up to **$3,300** towards a new Ford.**

This offer is in addition to incentives currently offered when combined with the $300 available from the Retire Your Ride program, funded by the Government of Canada on qualifying vehicles of model year 1995 or older. Incentives range from $1000 to $3000. Visit ford.ca for details.

In Partnership with Summerhill Impact, Car Heaven, Retire Your Ride – Canada's Vehicle Recycling Program

Drive one. **CHALLENGE**▲

We want you to experience the most innovative vehicles we've ever built.

We're inviting you to take the Drive One Challenge. **We believe that once you drive a Ford you won't want to drive anything else.** If we still haven't won you over and you buy any new competitive vehicle, we'll give you $100.▲

To get your Employee Price, visit your BC Ford Store or bcford.ca today.

Drive one.

bcford.ca

WISE BUYERS READ THE LEGAL COPY: Offers available at participating dealers only. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. Inventory may vary by dealer. Dealer order or transfer may be required. †Ford Employee Pricing ("Employee Pricing") is only in effect from July 1, 2010, to August 31, 2010, (the "Program Period") and refers to A-Plan pricing ordinarily available to Ford employees and excludes any CAW negotiated bonuses or other special incentives that employees may receive from time to time. Employee Pricing is available on the purchase or lease of most new 2010 and 2011 Ford vehicles (excluding 2010 F-150 Raptor, F-Series Chassis Cabs, E-Series Cutaways and Stripped Chassis, F-650/F-750). The new vehicle must be delivered or factory ordered from your participating Ford Dealer during the Program Period. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Employee Pricing is non-transferable. Employee Pricing is combinable with the Commercial Connection Program but not combinable with Fleet Direct, CFC Fleet Direct Allowance, Fleet Special Lease Rates, Fleet Special Finance Rates, Fleet Special Cash Purchase Rates, Daily Rental Rebates and Commercial Fleet Incentive Program. Offer is subject to change without notice. Dealer may sell or lease for less. ▲Purchase a new 2010 or 2011 vehicle (excluding Shelby GT500, F-150 Raptor, Medium trucks) (an "Eligible Vehicle") and finance through Ford Credit. Canada will receive $500/$750/$1000 (the "Offer") on Focus/Fiesta/Fusion Hybrid/Mustang/Taurus/Escape/Escape Hybrid/Ranger/Edge/Flex/Explorer/Explorer Sport Trac/Expedition/E-Series/Transit Connect/F-150/F-250 to F-550). The new vehicle must be delivered and/or factory ordered from your participating Ford dealer during the Offer Period. Only one (1) Offer may be applied towards the purchase or lease of one (1) Eligible Vehicle, up to a maximum of two (2) Offers per household. Offer is subject to change without notice. Dealer may sell or lease for less. ◀Purchase a new 2010 or 2011 Ford Fiesta S sedan / 2010 Ford Focus S / 2010 Ford Fusion S / 2010 Ford Escape XLT I-4 automatic / 2010 Ford Ranger Super Cab Sport 4x2 / 2010 Ford Edge SE / 2010 Ford F-150 XLT Super Cab 4x4 / 2011 Ford F-350 Lariat Crew Cab Diesel 4x4 for $13944 / $15,970 / $19,421 / $21,708 / $15,026 / $27,964 / $29,193 / $57,010 after Total Price Adjustment of $405 / $4,529 / $4,728 / $5,391 / $6,073 / $4,035 / $9,706 / $12,339 (the "Program Period") to qualify for a Ford Recycle Your Ride Program ("RYR") rebate ("Rebate(s)"). customer must qualify for and take part in RYR program, which is subject to change without notice. Dealer may sell or lease for less. Customer must turn in a 2003 model year or older vehicle in running condition which has been registered and insured for the last 6 months to an authorized recycler. To qualify for the "Car Heaven Program," customer must turn in a 2003 model year or older vehicle in running condition which has been registered and insured for the last 6 months to an authorized recycler. If a customer qualifies for Car Heaven or Retire Your Ride, Ford of Canada ("Ford") will provide an additional Rebate, with the purchase or lease of an eligible new 2010/2011 Ford or Lincoln vehicle, in the amount of $1000 (12 months in B.C.) to an authorized recycler. To qualify for the "Car Heaven Program," customer must turn in a 2003 model year or older vehicle in running condition which has been registered and insured for the last 6 months

News in brief

i-MiEV going coast to coast

CANADIAN TOUR. Koji Soga, president and CEO of Mitsubishi Motor Sales of Canada, recently announced that on Aug. 17, the company's four-passenger electric, zero tailpipe emission car, the i-MiEV (Mitsubishi Innovative Electric Vehicle), based on the Japanese i-Car platform, will leave Signal Hill, in St John's, Nfld., on a 28-day coast-to-coast tour. After covering approximately 7,500 kilometres, the Clean Across Canada tour will arrive in Vancouver British Columbia on Sept. 13, 2010 at the annual EV 2010 Conference and Trade Show.

The i-MiEV features four important innovations that enhance the vehicle's capability: optimum packaging of occupants and EV systems, high capacity lithium-ion batteries, small efficient electric motor and the three-way charging system. The long wheelbase and "wheels at corner" design provides comfortable seating for four adults, with reasonable luggage capacity behind the rear seat. METRO

Cruze on sale in October

NEW MODEL. The all-new 2011 Chevrolet Cruze will arrive in Canadian dealerships this October, with a starting MSRP of just $14,995. At launch, the 2011 Cruze will be offered in LS, LT Turbo and LTZ Turbo models, followed by a high-efficiency LT Eco model available in late 2010. METRO

Auto Pilot

MIKE GOETZ
DRIVE@METRONEWS.CA

THE BIMMER AND A FEW MAD MEN

Like a lot of folks, my favourite television series at the moment is Mad Men. I'm not sure I like it because it's such a fascinating portrait of "ad agency" professionals operating in New York city in the early 1960s, or because I simply pine for the days when a man could smoke and drink at the office and had a secretary to type letters and fetch things.

And now I have another reason to like Mad Men — the advertising.

Last week, we watched the premiere episode of season four, and like the two previous season premieres, it featured a special advertising "vignette" by the series' title sponsor, BMW.

The vignette featured Martin Puris talking casually about the ad he created for the original 5 Series. Purris was the "creative" half of Ammirati Puris (BMW's first U.S. ad agency), and the man who came up with that iconic BMW slogan, "The Ultimate Driving Machine."

After his talk, they ran that historical 5 Series spot, followed by a new spot for the all-new 5 Series.

Brilliant. It told an intriguing part of BMW history, showed how consistent its engineering mission and marketing message has been through the years, informed viewers about a new model, and did it all in a manner that was totally Mad Men.

The idea to feature Puris in this ad, and in another Mad Men vignette three years ago came from Pat McKenna, manager, marketing communications and consumer events, BMW North America. During our recent telephone conversation, McKenna told me that viewers have responded well to BMW's "wink" to the Mad Men narrative.

BMW only hauls out custom creative during the season premieres. The custom ad for the second season premiere actually featured Mad Men footage.

"We pulled out 'new' technologies from Mad Men, like the rotary phone, slide projector, and the photocopy machine," said Pat. "It was our way of taking the discussion to our current modern technologies, like our new diesel engines."

MINI
IT'S A SUPER CRAZY OFFER FROM MINI.
An offer so crazy it can only be contained in cyberspace. Visit MINIrichmond.ca or Yaletown.MINI.ca for more details.

CANADA'S **hottest** **model** **event**

2010 Ram 3500 Crew Cab Laramie 4x2 shown.§

STEP UP TO TWO OF THE HOTTEST DEALS IN TRUCKS.

2010 RAM HEAVY DUTY

LEGENDARY CUMMINS® POWER

- Ram is the **only** Heavy Duty Diesel pickup in the market that **does not** require a diesel exhaust fluid (DEF) system to meet stringent 2010 emissions requirements
- 350 hp @ 3,000 rpm • Class-Exclusive standard integrated exhaust brake
- Best-In-Class low-end torque • Up to 650 lb-ft of torque
- **Nobody offers a better diesel engine warranty: 5 years/160,000 km**

Cummins TURBO DIESEL

***MOTOR TREND'S* 2010 TRUCK OF THE YEAR**

NO CHARGE CUMMINS® TURBO DIESEL ENGINE | **$9,245 VALUE**

2010 Ram 1500 Crew Cab Laramie shown.§

CONSUMERS DIGEST BEST BUY

2010 RAM 1500 QUAD CAB SXT 4X4

CANADA'S FASTEST GROWING CHOICE OF LIGHT-DUTY PICKUP TRUCK

PURCHASE FOR **$26,980**•

INCLUDES $8,250 CONSUMER CASH* AND FREIGHT.

PLUS GET **0%**† PURCHASE FINANCING for 36 months

OR CHOOSE **$163** BI-WEEKLY @ A VARIABLE PRIME RATE OF **2.75%**‡ FOR 84 MONTHS

STEP UP FOR ONLY $29 MORE BI-WEEKLY

2010 RAM 1500 SLT

- 5.7L HEMI® V8 with MDS and VVT, and 390 hp • Speed Control
- Tire Pressure Monitoring display • Remote Keyless Entry • Overhead console
- Vehicle Information Centre with trip computer/temperature/compass
- 20" Aluminum wheels • Dual rear exhaust • Fog lamps
- Bright grille with bright billets • Quad halogen headlamps

NO CHARGE HEMI® ENGINE

CASH DISCOUNTS OF UP TO $8,250

CHRYSLER Jeep DODGE RAM

VISIT YOUR B.C. CHRYSLER, JEEP®, DODGE, RAM DEALER. RamTruck.ca/Offers

DODGE CARAVAN KIDS PROUD SPONSOR OF MINOR HOCKEY ACROSS CANADA

SIRIUS SATELLITE RADIO

Wise customers read the fine print: •, *, †, ‡, §, Canada's Hottest Model Event offers apply to retail deliveries of selected new and unused models purchased between July 21, 2010 and August 3, 2010 from participating dealers. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealer for complete details and conditions. •$26,980 Purchase Price applies to 2010 Ram 1500 Quad Cab SXT 4x4 (24A+AGH+AFH) only and includes $8,250 Consumer Cash Discount. See participating dealer for complete details. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-dealer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your dealer for complete details. †0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Financing Services and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus, Grand Caravan Cargo Van, Sprinter and Ram Chassis Cab. Example: 2010 Ram 1500 Quad Cab SXT 4x4 (24A+AGH+AFH) with a Purchase Price of $26,980 financed at 0% for 36 months equals monthly payments of $749.44, cost of borrowing of $0 and a total obligation of $26,980. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. ‡Variable Prime Rate financing up to 84 months is offered on approved credit on most new 2010 vehicles to qualified retail customers through TD Financing Services and Royal Bank of Canada. Bi-weekly payments shown are based on 84 month terms. Variable rate shown is based on TD and RBC Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. RBC offer is not open to residents of Quebec. TD offer is not open to residents of New Brunswick, Newfoundland and Labrador, Yukon, Nunavut and Northwest Territories. Some conditions apply. See participating dealer for complete details. §2010 Ram 3500 Crew Cab Laramie 4x2 shown. Price including applicable Consumer Cash Discount: $66,390. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ™Jeep is a registered trademark of Chrysler Group LLC. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence.

UVO bows to command

- Kia's in-car voice-recognition can understand over 1,600 commands
- System comprehends two voices

PHOTO COURTESY KIA

▶ Kia has developed a voice-recognition system named UVO.

DRIVING FORCE

JIL McINTOSH
DRIVE@METRONEWS.CA

It's becoming easier to talk to your car. Voice-activated controls, which allow you to operate such devices as stereo or navigation system by telling them what to do, are now simpler thanks to features such as Kia's UVO.

UVO, meaning "Your Voice," is based on Microsoft's Windows Embedded Auto software and allows users to give simple, quick voice commands without going through menus or remembering specific wording. It will be introduced in upcoming new Kia models.

"There are over 1,600 commands, and it's a very smart voice recognition system," says Reg Furoy, bilingual training specialist for Kia Canada.

"It takes a look at the key words and matches what's closest. It links all the words together and takes a look at the sentence, so if you say 'play track two' or 'play Jukebox album six, track two,' it puts the words together and the software deciphers it."

Voice-activated systems were originally found only on very expensive vehicles. The user first had to train the system to recognize his or her voice, and had to memorize a specific sequence of commands. Newer systems now obey almost any voice, but still rely on the user knowing exactly what to say. By contrast, "What's playing?" is enough for UVO to access the audio system and determine the song. "If it's not sure (what you're asking), it will ask, 'Is this what you want?' and if you say no, it will come up with the second-best or third-best," Furoy says. "It will start training itself on the main commands that you use all the time. You won't use 1,600 different commands, but there are ones you'll use every day, and it will put them in priority when it has a choice, and go to those."

The system will also recognize two voices and set priorities for each one. If you're more likely to command the stereo, but your partner prefers to ask about the navigation system, UVO will go to that set of priority commands when it hears each voice.

Multilingual

- In North America, the system will also recognize Spanish, and Canadian French.

vw.ca/pure

Introducing the almost all-new Jetta.
2005 to 2009 Jetta with additional 2-year or 40,000 km limited warranty.

VolkswagenPure
Certified Pre-owned Vehicles.

Starting from 0.9% purchase financing up to 48 months*
$500 rebate for recent graduates**

Every Volkswagen Pure certified pre-owned vehicle must pass a rigorous 112-point inspection. If replacement parts are necessary, only Volkswagen Original parts are used so it will feel like new. Again. And with an additional 2-year or 40,000 km limited warranty†, 2 years of roadside assistance†† and a CarProof® vehicle history report, you'll swear it was new. Again and again. Visit your local dealer or vw.ca/pure to find your Volkswagen Pure certified pre-owned model.

Best Certified Pre-owned Vehicle Program – Non-Luxury Class‡ – 6 years in a row

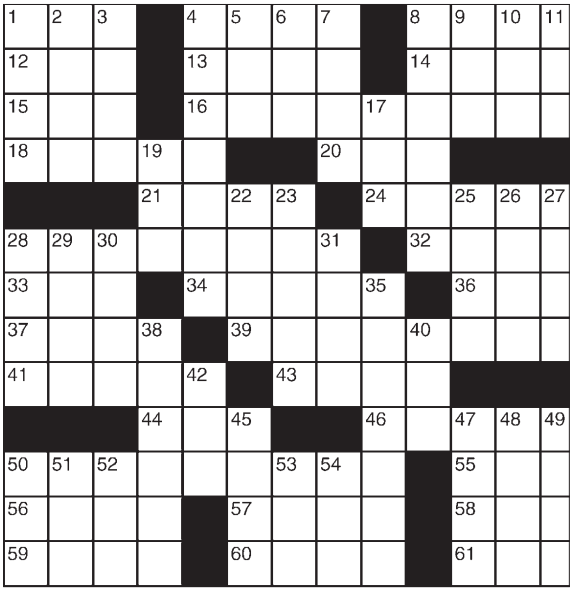
Das Auto.

Model shown with optional features. *Limited time financing offer available on approved credit through Volkswagen Finance. 0.9% APR financing pertains to finance terms up to 48 months only on 2005 to 2009 M.Y. certified pre-owned Jetta. Rates start at 2.9% for up to 60 months for other models. Financing example: $15,000 financed at 0.9% for 48 months, monthly payment is $318.28, cost of borrowing is $277.24 for a total obligation of $15,277.24. Or $15,000 financed at 2.9% for 60 months, monthly payment is $268.86, cost of borrowing is $1,131.86 for a total obligation of $16,131.86. Dealer may sell for less. Down payment may be required. PPSA, license, insurance, registration, options, any dealer or other charges and applicable taxes are extra. Offer ends September 30, 2010 and is subject to change or cancellation without notice. **Up to $500 rebate for recent college or university graduates. Certain conditions apply. †2-year/40,000 km (whichever comes first) limited warranty. See dealers for additional details about this warranty. ††2-year, 24-hour roadside assistance provided by Sykes Assistance Services Corporation. ‡IntelliChoice.com, October 2009 review of 32 manufacturer programs. See www.intellichoice.com for additional details, explanation of results and program updates. Based on U.S. Program analysis. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo and "Jetta" are registered trademarks of Volkswagen AG. "Das Auto & Design" is a trademark of Volkswagen AG. "CarProof" is a registered trademark of 3823202 Canada Inc. o/a LienQuest.com. © 2010 Volkswagen Canada.

Crossword

Across
1 Plead
4 Milky gem
8 Vocal comeback
12 Water (Fr.)
13 Hill counterpart
14 Frog's cousin
15 Misstep
16 Give special emphasis to
18 Downright
20 Thither
21 Creche trio
24 Gunpowder ingredient
28 Ancestral place
32 Pop flavor
33 "The — Daba Honeymoon"
34 "— di Lammermoor"
36 Snitch
37 Lima's country
39 Cell's ancestor
41 Graceful young woman
43 Marquis de —
44 Constrictor type
46 Hindu prince
50 Solid hit
55 Have bills
56 Concept
57 "Piggies"
58 Simple card game
59 Bard
60 Seeks damages
61 Caustic solution

Down
1 Gridlock sound
2 Count counterpart
3 Ashram leader
4 Eccentric
5 Standard
6 "The Greatest"
7 Tax
8 Cultural, in a way
9 Bill and —
10 Scenery chewer
11 Praise from 59-Across
17 A billion years
19 Sra., across the Pyrenees
22 Old name for France
23 Pizarro's victims
25 Actress Spelling
26 Verve
27 Assessment
28 Chances
29 Do as I say
30 Crumbly clay deposit
31 Actress Merrill
35 Speech
38 Cheerful, as a tune
40 Meadow
42 Scuttle
45 Macrame and origami
47 Cheek by —
48 Vacationing
49 Present
50 Back talk
51 Altar affirmation
52 Born
53 Debtor's letters
54 Victory gesture



▶ Yesterday's answer

M	A	L	T	■	O	B	I	E	■	R	I	M
P	L	E	A	■	G	U	R	U	■	A	B	A
H	A	M	B	U	R	G	E	R	■	D	I	D
■	■	■	O	R	E	S	■	A	R	I	S	E
B	A	T	O	N	■	■	A	S	E	A	■	■
E	R	R	S	■	H	A	M	I	L	T	O	N
T	E	A	■	S	E	P	I	A	■	I	I	I
H	A	M	S	T	E	R	S	■	F	O	N	T
■	■	■	P	E	E	L	■	■	K	I	N	K	S
J	U	L	E	P	■	O	K	I	E	■	■	■
A	P	E	■	H	A	M	A	D	R	Y	A	D
N	O	R	■	E	D	E	N	■	C	O	R	A
E	N	S	■	N	O	N	E	■	E	M	M	Y

Sudoku

6	9						5	1
	3			6			7	
		7	5		8	2		
			4		1			
8								4
			2		9			
		1	3		7	9		
	5			1			3	
4	7						1	8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	5	3	4	6	1	7	8	9
7	9	6	8	3	5	1	2	4
4	1	8	2	9	7	5	6	3
3	6	1	7	4	2	9	5	8
5	2	7	3	8	9	6	4	1
9	8	4	1	5	6	2	3	7
1	3	9	5	2	8	4	7	6
8	7	2	6	1	4	3	9	5
6	4	5	9	7	3	8	1	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dalice, You are going to be an amazing mom! I love you so much, and I will be here with you every step of the way! I got some suguar for you when you get home!
LOVE KEN

Maya, i had a guitar and a backpack. We shared a cigarette then I sang you and anne a song. Since that day, your enchanting eyes have troubled my mind true...how ever will I find you again?
MIKE

To my beautiful fiancé Sara, I love you more then anything and can't wait to marry you! Xoxo
Love, your future hubby
STEPHEN COLE

To my queen
Will you marry me
FROM YOUR KING

Today	Thursday	Friday
Sunny	Partly cloudy	Partly cloudy
24° / 18°	23° / 17°	21° / 16°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 19 If you work with other people today you will achieve something special. If you work against them you won't get anywhere. It's that simple.

♉ Taurus April 20-May 21 Your destiny is not set in stone and anyone who tries to tell you that it is should not be considered a friend. Whatever it is you most dream of doing now is the best time to start it.

♊ Gemini May 22-June 21 Time is on your side and if you take your time you will achieve everything you set out to achieve, so don't rush things. .

♋ Cancer June 22-July 22 You may be in the mood to take risks but today's Mars-Jupiter link warns there is more at stake than you seem to realize.

♌ Leo July 23-Aug.23 You are allowed to have fun you know. You may have to push yourself to go out and do the things you enjoy today but once you start you won't want to stop. This is your time of year, so make the most of it.

♍ Virgo Aug. 24- Sept. 22 You may not be the type who gets carried away easily but something will spark your passion today and soon everyone will know what it is you are so enthusiastic about.reaktion där

♎ Libra Sept. 23-Oct. 23 If you are feeling a bit down throw yourself into an activity that requires your full attention. Before you know it you will have forgotten all about your worries.

♏ Scorpio Oct. 24-Nov. 22 A quick decision is a must, but will it be the right decision? That remains to be seen, but with Mars opposing luck planet Jupiter even if you get it wrong it will somehow work out for the best in the end.

♐ Sagittarius Nov. 23-Dec. 21 You will go on the attack today and, almost certainly, you will win whatever battle it is you are engaged in. Be careful you don't go too far and destroy a friendship.

♑ Capricorn Dec. 22-Jan. 20 You want to make a name for yourself and move up in the world and with Saturn moving through the career area of your chart you will undoubtedly get the chance.

♒ Aquarius Jan. 21-Feb. 18 You won't lack for energy today – in fact you may have a bit too much for some people's tastes – but do you have common sense to go with it? If so there is no end to what you can, and will, accomplish.

♓ Pisces Feb. 19-March 20 You will be extraordinarily impulsive today, so much so that some people will think you have lost your mind. Whatever the reason for your precipitate action, and whether or not it succeeds, at least others won't take you for granted again.
SALLY BROMPTON

Caption contest

THE ASSOCIATD PRESS

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Toronto	one-way from $219 + taxes & fees $77
Los Angeles	from $238 + taxes & fees $113
Halifax	one-way from $279 + taxes & fees $93
Amsterdam	from $299 + taxes & fees $371
Panama City	from $369 + taxes & fees $369
Paris	from $398 + taxes & fees $428
Costa Rica	from $399 + taxes & fees $323
Honolulu	from $399 + taxes & fees $118
Maui	from $419 + taxes & fees $111
Miami	from $539 + taxes & fees $133
Tokyo	from $699 + taxes & fees $249
Hong Kong	from $799 + taxes & fees $258

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up to **$300**

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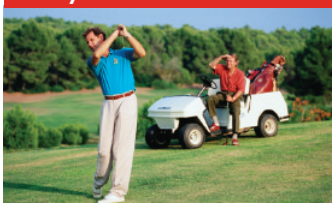
Palm Springs	from $179^ + taxes & fees $37*
San Diego	from $179^ + taxes & fees $37*

Family Vacations



Whistler Fairmont
2 Nights + Golf
from **$125◊**
taxes & fees included

INCLUDES accom at the famous Chateau Whistler and 2 rounds of golf per room with unlimited use of the practice facility. **BONUS** Children ages 10-18 pay just $40 per round or FREE with paying adult.

Seattle Back-to-School Weekend
2 Nights — from $99◊ taxes & fees included

Do your back to school shopping in the Seattle & the Outlets and avoid the HST! **INCLUDES** boutique-style accom. **ADD** 2-day car rental with unlimited mileage from $55.

Canmore Weekend, 2 Nights — from $105◊ taxes & fees included

INCLUDES chateau accom within walking distance of restaurants, shopping & downtown.

Washington Great Wolf Lodge
2 Nights — from $139◊ taxes & fees included

INCLUDES family suite accom and waterpark access.

Anaheim Air + 4 Nights — from $319◊ + taxes & fees $116

INCLUDES accom near the *Disneyland* Resort.

Family Special Vacations – Prices per person based on a family of 4.

Local Activities

Vancouver
Whale Watching
from **$137**
taxes & fees included

INCLUDES 4-hour wale watching experience on a semi-covered 40-foot zodiac-style boat in the Strait of Georgia.

Vancouver Trolley Tour — from $56 taxes & fees included

INCLUDES 2 days of travel aboard the Vancouver Trolley making stops at 23 points of interests.

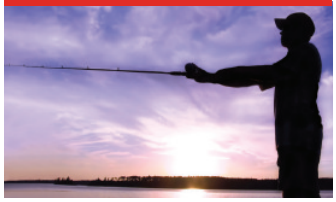
Sunset Dinner Cruise — from $93 taxes & fees included

INCLUDES 2.5-hour sunset dinner cruise around Vancouver's Harbour aboard a paddlewheel boat.

Victoria Day Trip — from $174 taxes & fees included

INCLUDES motorcoach pickup from downtown Vancouver, scenic ferry trip through the gulf islands and admission to Butchart Gardens in Victoria.

Canada Vacation Offer



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Fishing Special
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Book this fishing vacation special and receive your airfare FREE on select departures. From $349 plus taxes & fees $52.
INCLUDES air, 2 nights accom and 7-hour fishing trip or wildlife cruise. Call for more details.

USA Vacations

San Diego
Air from Bellingham + 4 Nights
from **$399**
+ taxes & fees $37

INCLUDES accom with transfers to/from airport, downtown locations, San Diego Zoo & Sea World.

Las Vegas
Air from Bellingham + 3 Nights — from $199 + taxes & fees $37

INCLUDES accom on the Strip.

New Orleans Air + 4 Nights — from $549 + taxes & fees $122

INCLUDES 4-star accom located on historic Canal Street just steps from the French Quarter. **ADD** harbour cruise with Creole lunch from $37.

Honolulu Air + 7 Nights — from $649 + taxes & fees $116

INCLUDES Waikiki accom.

New York Air + 4 Nights — from $799 + taxes & fees $138

INCLUDES Manhattan accom.

Kauai & Maui Air + 7 Nights — from $899 + taxes & fees $183

INCLUDES all air, 3 nights Kauai accom and 4 nights Maui accom.

Canada Vacations

Sunshine Coast
2 Nights, Group Special
from **$169**
taxes & fees included

INCLUDES accom in a 2 bedroom villa complete with full kitchen, patio and BBQ. Price is per person based on quad occupancy. **ADD** car rental from $59 per day.

Rocky Mountains
3 Nights + Horseback Riding — from $499 taxes & fees included

INCLUDES accom in Banff and 2hr horseback riding tour.

All-inclusive Vacations

Mazatlan
7 Nights 5-Star
from **$490**
+ taxes & fees $273

BONUS free upgrade to oceanview room if available.

Puerto Vallarta
7 Nights 3.5-Star — from $498 + taxes & fees $273

UPGRADE to 4-star accom from $11 per night.

Los Cabos 7 Nights 5-Star — from $557 + taxes & fees $274

Cancun 7 Nights 4-Star — from $595 + taxes & fees $290

Cruise Vacations

Alaska
7-Night Cruise
from **$549^**
+ taxes & fees $96*

CRUISE from Anchorage (Whittier) to Vancouver and visit College Fjord (cruising), Glacier National Park (cruising), Juneau, Ketchikan, Skagway & cruise the Inside Passage.

San Francisco
Air + 2 Nights + 2-Night Cruise — from $489 + taxes & fees $74

INCLUDES cruise, San Francisco accom and air back to Vancouver. **CRUISE** from Vancouver to San Francisco.

San Francisco & Las Vegas
Air + 4 Nights + 2-Night Cruise — from $699 + taxes & fees $113

INCLUDES all air, cruise, 2 nights San Francisco accom and 2 nights Las Vegas accom. **CRUISE** from Vancouver to San Francisco.

Europe Vacations

Paris
Air + 7 Nights
from **$649**
+ taxes & fees $427

INCLUDES accom near the Metro and breakfast.

London Air + 6 Nights — from $749 + taxes & fees $474

INCLUDES central accom with breakfast.

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